

Learning outcome	Achieved? (✓)	Description of how it was achieved/type of evidence (for example, weblog [date], journal [page xx], progress form[date])
Identify own strengths and develop areas for growth		
Demonstrate that challenges have been undertaken, developing new skills in the process		
Demonstrate how to initiate and plan a CAS experience		
Show commitment to and perseverance in CAS experiences		
Demonstrate the skills and recognize the benefits of working collaboratively		

Demonstrate engagement with issues of global significance		
Recognize and consider the ethics of choices and actions		

Name of CAS adviser _____ CAS adviser's signature _____ Date _____