



## **C A S form - my plan, my choices, my progress**

(Fill out and return to the IB/CAS Coordinator – room M10)

**Student:** \_\_\_\_\_, **class:** \_\_\_\_\_

*Students may participate only in those groups that fit into their schedule, i.e. when they are not having classes!*

|                          |                |                                                             |
|--------------------------|----------------|-------------------------------------------------------------|
| <b><u>CREATIVITY</u></b> | First choice:  | State title and day and time of chosen activity:            |
|                          | Second choice: |                                                             |
| <b><u>ACTIVITY</u></b>   | First choice:  | State title and day and time of chosen activity:            |
|                          | Second choice: |                                                             |
| <b><u>SERVICE</u></b>    | First choice:  | State title and preferable day and time of chosen activity: |
|                          | Second choice: |                                                             |

**Student progress:** to be filled in by IB/CAS Coordinator:

**Student has declared an acceptable plan for CAS activities:** \_\_\_\_\_

| Progress<br>check<br>ups |                                              | Date | Comments |
|--------------------------|----------------------------------------------|------|----------|
|                          | First check-up & interview                   |      |          |
|                          | Second check-up & interview                  |      |          |
|                          | Submission of diary & reflection & interview |      |          |