

Ideas for CAS projects

How do you select a CAS project? Keep in mind that a CAS project is expected to last at least one month, although for many students this is such a highlight of their CAS programme it lasts longer. Why? The CAS project can be done with other CAS students. You get to determine what you will do, and which CAS strands—creativity, activity and/or service—you will include. You may decide to combine creativity and activity, or activity and service, or creativity and service, or all three. You may just select one. The choice is for you and the other students involved in your project.

You are about to embark on four rounds of interactions to begin to discover what you are interested in and to find other like-minded CAS students. This is to explore, not to commit. This is to have quick conversations. Later you can reflect on what you might want to do.

For each round, there are eight options. Pick one (be sure to select *your choice*). For each round, you will move to meet other students with that selection and have a few minutes to brainstorm ideas.

- Why did each person choose this topic?
- What would the project require?
- What would you do in the project?

Then you'll have another opportunity with another round.

The fourth round is for **other** ideas not on the lists, because there are possibilities beyond what's on the page.

For the first three rounds, **select one** and join those students for a quick conversation. If you are solo, join another solo student to share ideas or think on your own.

Round one

Project ideas—select one	Conversation
Animal shelter, adoption or rescue Bicycle repair clinics Children's programmes Environmental campaign Hunger assistance Museum involvement Sports tournament or activity Theatre performance	Would this be: <ul style="list-style-type: none"> • creativity • activity • service What are your ideas?

Round two

Project ideas—select one	Conversation
Aiding those in need Art exhibition Children's hospital	Would this be: <ul style="list-style-type: none"> • creativity • activity • service? What are your ideas?

Donation campaign Holiday activities Home construction Puppet shows Zoo involvement	
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Round three

Project ideas—select one	Conversation
Aiding the elderly Music concert for a cause Natural disaster response Nature adventure Photography club School TV or radio station Dance-a-thon Toy repair workshop	<p>Would this be:</p> <ul style="list-style-type: none"> • creativity • activity • service? <p>What are your ideas?</p>

Round four

For this round, suggest ideas. When there are eight ideas on the list, select one and go to that group.

Project idea—Write the one you selected	Conversation
	<p>Would this be:</p> <ul style="list-style-type: none"> • creativity • activity • service? <p>What are your ideas?</p>