

## Understanding the learning outcomes

### Learning outcome descriptors

The following chart shows specific descriptors for each learning outcome. These descriptors are only suggestions; they are not exhaustive and can be adapted, edited, expanded or shortened.

### CAS learning outcomes

#### Learning outcome 1: Identify own strengths and develop areas for growth

##### Suggested descriptors

The student:

is aware of own strengths and weaknesses

is open to improvement and growth opportunities

is able to propose experiences according to own interests and talents

is willing to participate in different experiences

is able to undertake a thoughtful self-evaluation

is able to see themselves as individuals with various abilities and skills, some more developed than others.

#### Learning outcome 2: Demonstrate that challenges have been undertaken, developing new skills in the process

##### Suggested descriptors

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| <p>The student:</p> <ul style="list-style-type: none"> <li>participates in an experience that demands an appropriate personal challenge; this could be with new or familiar experiences</li> <li>is willing to become involved in unfamiliar environments and situations</li> <li>acquires new skills and abilities</li> <li>increases expertise in an established area</li> <li>shows newly acquired or developed skills or increased expertise in an established area.</li> </ul>   |
| <p><b>Learning outcome 3: Demonstrate how to initiate and plan a CAS experience</b></p> <p>Suggested descriptors</p> <p>The student:</p> <ul style="list-style-type: none"> <li>is able to articulate and use the CAS stages including investigation, preparation, action, reflection (ongoing) and demonstration, moving from conceiving an idea to carrying out a plan for a CAS experience or series of CAS experiences</li> <li>demonstrates knowledge and awareness by building on a previous CAS experience</li> <li>shows initiative by launching a new idea or process</li> <li>suggests creative ideas, proposals or solutions</li> <li>integrates reflective thoughts in planning or taking initiative</li> <li>is aware of roles and responsibilities when designing an individual or collective CAS experience</li> <li>shows responsible attitude to CAS project planning</li> <li>is able to develop a coherent action plan.</li> </ul> |
| <p><b>Learning outcome 4: Show commitment to and perseverance in CAS experiences</b></p> <p>Suggested descriptors</p> <p>The student:</p>   |

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| <p>demonstrates regular involvement and active engagement with CAS experiences and CAS project</p> <p>is able to foresee potential challenges to the initial plan and consider valid alternatives and contingencies</p> <p>demonstrates adaptability to uncertainties and changes</p> <p>gets involved in long-term CAS experiences and CAS project.</p>  |
| <p><b>Learning outcome 5: Demonstrate the skills and recognize the benefits of working collaboratively</b></p> <p>Suggested descriptors</p> <p>The student:</p> <ul style="list-style-type: none"> <li>shares skills and knowledge</li> <li>listens respectfully to proposals from peers</li> <li>is willing to take on different roles within a team</li> <li>shows respect for different points of view and ideas</li> <li>makes valuable contributions</li> <li>is responsible for participating in the group</li> <li>readily assists others</li> <li>is able to identify, demonstrate and discuss critically the benefits and challenges of collaboration gained through CAS experiences.</li> </ul> |
| <p><b>Learning outcome 6: Demonstrate engagement with issues of global significance</b></p> <p>Suggested descriptors</p> <p>The student:</p> <ul style="list-style-type: none"> <li>recognizes the global implications of local issues</li> <li>is able to identify global issues in the local or national community</li> </ul>   |

shows awareness of issues of global importance and takes concrete and appropriate actions in response to them either locally, nationally or internationally  
gets involved in CAS projects addressing global issues in a local, national or international context  
develops awareness and responsibility towards a shared humanity.

**Learning outcome 7: Recognize and consider the ethics of choices and actions**

Suggested descriptors

The student:

recognizes ethical issues

is able to explain the social influences on one's ethical identity

takes into account cultural context when making a plan or ethical decision

identifies what is needed to know in order to make an ethical decision

articulates ethical principles and approaches to ethical decisions

shows accountability for choices and actions

is aware of the consequences of choices and actions regarding self, others involved and the community

integrates the process of reflection when facing an ethical decision

shows awareness of the potential and varied consequences of choices and actions in planning and carrying out CAS experiences.