

## Parental Consent Form for CAS

Dear Parents,

I would like to take this opportunity to explain to you the details of **the CAS programme that IBDP students at XV. GIMNAZIJA are required to complete.**

**Creativity, Activity and Service (CAS) is at the heart of the Diploma Programme.** It is one of the three essential, core elements in every student's Diploma Programme. It involves students in a range of activities alongside their academic studies. The three strands of CAS, which define the kinds of experiences students take part in are characterized as follows.

### CAS Strands

- **Creativity:** Exploring and extending ideas leading to an original or interpretive product or performance.
- **Activity:** Physical exertion contributing to a healthy lifestyle.
- **Service:** Collaborative and reciprocal engagement with the community in response to an authentic need.

### CAS aims to develop students who:

- Enjoy and find significance in a range of CAS experiences.
- Purposefully reflect upon their experiences.
- Identify goals, develop strategies and determine further actions for personal growth.
- Explore new possibilities, embrace new challenges and adapt to new roles.
- Actively participate in planned, sustained, and collaborative CAS projects.
- Understand they are members of local and global communities with responsibilities towards each other and the environment.

### CAS Criteria

A CAS experience **should:**

- Fit within one or more of the CAS strands.
- Be based on a personal interest, skill, talent or opportunity for growth.
- Provide opportunities to develop the attributes of the IB learner profile.
- Not be used or included in the student's Diploma course requirements, except **integration of service learning with the DP subject groups** in the academic curriculum

Students should also consider the consequences of their CAS experience for themselves, others and the environment.

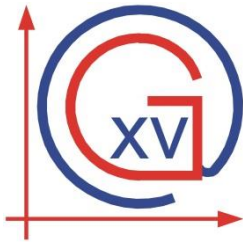
### Learning Outcomes of CAS

1. Identify own strengths and develop areas for growth.
2. Demonstrate that challenges have been undertaken, developing new skills in the process.

3. Demonstrate how to initiate and plan a CAS experience.
4. Show commitment to and perseverance in CAS experiences.
5. Demonstrate the skills and recognize the benefits of working collaboratively
6. Demonstrate engagement with issues of global significance.
7. Recognize and consider the ethics of choices and actions.

### Overview of CAS

- The CAS programme begins in IB DIP 1 and continues regularly, **ideally on a weekly basis**, for at least **18 months** – end of IB DP 2, with a reasonable balance between Creativity, Activity and Service. Some of the experiences must take place outside school.
  - Students are expected to maintain a **CAS Portfolio/CAS Diary**, as evidence of their engagement with CAS. The CAS portfolio is a collection of evidence that showcases their CAS experiences, and reflections on the learning outcomes.
  - Completion of CAS is based on the student's achievement of the seven **CAS learning outcomes**. Through the CAS portfolio, they must provide reflection and evidence that demonstrates achievement of each learning outcome.
  - Students will engage in **CAS experiences** involving one or more of the three CAS strands. A CAS experience can be a single event or may be an extended series of events.
  - At least one of the student's CAS experiences should be a **CAS project**. This is a collaborative and sustained experience of at least one month's duration that challenges them to show initiative, demonstrate perseverance, and develop skills such as problem-solving, and decision-making. The CAS project can address any single strand of CAS, or combine two or all three strands.
  - Students should use the **CAS stages** (investigation, preparation, action, reflection and demonstration) **as a framework for CAS experiences and the CAS project**.
  - There will be **three formal** documented **interviews** that each student will have with their **CAS Coordinator**.
  - CAS emphasizes **reflection**, which is central to building deep and rich experiences in CAS. Reflection informs student learning and growth by allowing them to explore ideas, skills, strengths, limitations and areas for further development and consider how they might use prior learning in new contexts.
- ❖ All experiences will be chosen by the student themselves with advice and assistance from the CAS coordinator and/or supervisor where necessary. It is crucially important that there is parental knowledge of the experiences that a student selects for their CAS portfolio. Parents should ensure they are fully aware of the experiences in which their children have chosen to engage in for CAS and that these experiences meet with your approval and support. Please ensure that you read the Parental Consent Form carefully and that you fully understand the responsibility you assume when signing it.



REPUBLIKA HRVATSKA

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**Return date of documents:**

Please return the Parental Consent Form to the CAS Coordinator on or before \_\_\_\_\_  
**(dd/mm/yy)**

If you have any questions or would like more information about CAS please feel free to contact the  
**CAS Coordinator Ms Loreana Selišek Butina, M.A. in room M 10.**

Yours sincerely,

Loreana Selišek Butina, M.A.

Cas Coordinator & French Teacher

**IBDP CAS Parental Consent**

**Student Information:**

Name \_\_\_\_\_

Class \_\_\_\_\_

I. I have read the Letter to Parents and I agree to my child's participation in the IBDP CAS. I understand that CAS experiences are selected and initiated by the student in consultation with parents and that I am fully responsible for authorizing my child to take part in his/her chosen activities.

II. I understand that some CAS experiences may be school-arranged, but others will be completed independently and without the direct supervision of school officials.

III. I understand that XV. GIMNAZIJA is not responsible for any damages that my child might cause or sustain as a result of participation in CAS experiences.

**To be signed by a parent or legal guardian.**

Print Name \_\_\_\_\_

Sign \_\_\_\_\_

Date \_\_\_\_\_