



REPUBLIKA HRVATSKA
XV. GIMNAZIJA
 Program međunarodne mature
 International Baccalaureate Department
 Zagreb, Jordanovac 8, Croatia



CAS Reflection form

Name: _____, **Class:** _____ **Year:** _____

Name of activity: _____

Dates of activity (from-to): _____; **Length of activity:** _____

This activity is (check all that applies): **Creativity:** _____ **Activity:** _____ **Service:** _____

Indicate (encircle) which of the **Learning Outcomes** you feel **was achieved** with this activity:

1. Identify own strengths and develop areas for growth
2. Demonstrate that challenges have been undertaken, developing new skills in the process
3. Demonstrate how to initiate and plan a CAS experience
4. Show commitment to and perseverance in CAS experiences
5. Demonstrate the skills and recognize the benefits of working collaboratively
6. Demonstrate engagement with issues of global significance
7. Recognize and consider the ethics of choices and actions

Please write the **REFLECTION STATEMENT** describing the activity and how you accomplished learning outcomes:

Student signature: _____

Date: _____

LEARNING OUTCOMES	DESCRIPOR
1 Identify own strengths and develop areas for growth	Students are able to see themselves as individuals with various abilities and skills, of which some are more developed than others.
2 Demonstrate that challenges have been undertaken, developing new skills in the process	A new challenge may be an unfamiliar experience or an extension of an existing one. The newly acquired or developed skills may be shown through experiences that the student has not previously undertaken or through increased expertise in an established area.
3 Demonstrate how to initiate and plan a CAS experience	Students can articulate the stages from conceiving an idea to executing a plan for a CAS experience or series of CAS experiences. This may be accomplished in collaboration with other participants. Students may show their knowledge and awareness by building on a previous experience, or by launching a new idea or process.
4 Show commitment to and perseverance in CAS experiences	Students demonstrate regular involvement and active engagement in CAS.
5 Demonstrate the skills and recognize the benefits of working collaboratively	Students are able to identify, demonstrate and critically discuss the benefits and challenges of collaboration gained through CAS experiences.
6 Demonstrate engagement with issues of global significance	Students are able to identify and demonstrate their understanding of global issues, make responsible decisions, and take appropriate action in response to the issue either locally, nationally or internationally.
7 Recognize and consider the ethics of choices and actions	Students show awareness of the consequences of choices and actions in planning and carrying out CAS experiences.

Student completion of CAS is based on the achievement of the seven CAS learning outcomes realized through the student's commitment to his or her CAS programme over a period of 18 months. Some learning outcomes may be achieved many times, while others may be achieved less frequently. Not all CAS experiences lead to a CAS learning outcome. Students provide the school with evidence in their CAS portfolio of having achieved each learning outcome at least once through their CAS programme. Commonly, the evidence of achieving the seven CAS learning outcomes is found in students' reflections.

(Data taken from IBO CAS Guide: Creativity, activity, service guide
For students graduating in 2017 and after)