



## C A S form - my plan, my choices, my progress

(Fill out and return to the IB/CAS Coordinator – room M10)

**Student:** \_\_\_\_\_, **class:** \_\_\_\_\_

*Students may participate only in those groups that fit into their schedule, i.e. when they are not having classes!*

<b><u>CREATIVITY</u></b>	First choice:	State title and day and time of chosen activity:
	Second choice:	
<b><u>ACTIVITY</u></b>	First choice:	State title and day and time of chosen activity:
	Second choice:	
<b><u>SERVICE</u></b>	First choice:	State title and preferable day and time of chosen activity:
	Second choice:	

**Student progress:** to be filled in by IB/CAS Coordinator:

**Student has declared an acceptable plan for CAS activities:** \_\_\_\_\_

		Date	Comments
<b>Progress check ups</b>	First check-up & interview		
	Second check-up & interview		
	Submission of diary & reflection & interview		